SECURE YOUR FARM AGAINST COVID-19

We know stress is high this time of year. As COVID-19 continues to weigh heavy on everyone’s mind, now is the time to assess the risks to you, your farm, and anyone who lives and works on your farm. Be aware of the need to limit exposure and person-to-person interactions.

Making a plan for your farm can help you take some control over this unprecedented situation. We’re here to support you. For more information and resources, visit www.ilfb.org/covid19.

Follow these steps to ensure you and your farm remain healthy and safe:

- Take steps now to develop a farm plan for the virus.
  - Communicate plan on a regular basis with all who live and work on your farm.

- Consider who is coming to your farm—employees and visitors—and think about logging or tracking that information, which could help in the event of a positive case in your area.

- Screen and distance workers arriving to ensure health and safety.

- Identify a drop-off location for regular deliveries away from on-farm high traffic areas and housing.
  - Drop-boxes are recommended to be place near the road, before on-farm entry.
  - If drop-boxes are not feasible, it is recommended you designate a drop-off location on-site.
  - Provide the location and all procedures needed at the drop-off point, and create signage to identify drop-off points.

- Set up handwashing and sanitation stations in accessible places, and provide guidance for handwashing and handling materials, as well as safety and cleaning practices.

- Sanitize shared equipment and frequently touched surfaces such as doorknobs, light switches, and tools. Wipe down surfaces with sanitizing wipes when transferring operation from one person to another, including steering wheels, arm rests, knobs and buttons in tractors, trucks and other vehicles or equipment.

- Require all sick employees to stay at home.

We know times are tough. If you are or someone you know is struggling with daily stress, anxiety, depression, addiction or other mental health challenges, you are not alone. For resources and information, visit www.ilfb.org/mentalhealthwellness.